

MORRISVILLE HEALTH DISTRICT – 2011-2012 BRFSS DATA
Health Status Indicators

	Morrisville		Vermont
	Estimated Adults**	%	%
General Health Status is Fair or Poor	3,000	14%	12%
Have Personal Health Care Provider	21,000	92%	88%
Have Health Insurance, Ages 18-64	16,000	87%	88%
Did Not Visit Doctor Due to Cost, in Last Year	3,000	21%	10%
Poor Physical Health	3,000	15%	11%
Poor Mental Health	3,000	12%	11%
Disabled	6,000	28%	26%

Preventative Behaviors and Health Screening

	Morrisville		Vermont
	Estimated Adults**	%	%
Flu Shot in the Last Year, Ages 65+	3,000	62%	64%
Pneumococcal Vaccine, Ever, Ages 65+	3,000	68%	71%
Routine Doctor Visit, in Last Year	14,000	61%	67%
Dental Visit in Last Year**	16,000	68%	70%
Any Teeth Extracted, Ages 45-64#	5,000	58%	52%
Cholesterol Screened, in Last Five Years**	16,000	68%	75%
Ever Tested for HIV	7,000	30%	30%
2+ Daily Fruit Servings**	8,000	34%	37%
3+ Daily Vegetable Servings**	5,000	21%	19%
5+ Daily Fruit & Vegetable Servings**	5,000	22%	23%
Met Physical Activity Recommendations**D	13,000	59%	59%
Met Strength Building Recommendations**D	8,000	36%	29%
Use Community Resources for Physical Activity	14,000	62%	58%
Breast Cancer Screening, Women 50-74*#D	4,000	75%	82%
Cervical Cancer Screening, Women 21+*#D	7,000	86%	82%
Colorectal Cancer Screening, Ages 50-75*#D	7,000	72%	71%

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Risk Behaviors

	Morrisville		Vermont
	Estimated Adults**	%	%
Adverse Childhood Experiences (ACE), Four or More#D	3,000	13%	14%
Binge Drinking, in Last Month	5,000	21%	19%
Heavy Drinking, in Last Month	2,000	9%	8%
Marijuana Use, in Last Month	3,000	11%	8%
Prescription Drug Misuse, Ever	2,000	7%	8%
Smoke Cigarettes, Currently*	4,000	20%	17%
Made Quit Attempt in Last Year*	2,000	50%	62%
Use Smokeless Tobacco, Currently	1,000	3%	3%
No Leisure Time Physical Activity*	5,000	21%	16%
Never Use Seatbelt	<1,000	2%	2%

Disease Prevalence

	Morrisville		Vermont
	Estimated Adults**	%	%
Arthritis, Ever Diagnosed	7,000	30%	27%
Asthma, Current Diagnosis	3,000	14%	11%
Cancer Diagnosis, Ever			
Skin Cancer	1,000	5%	6%
Non-Skin Cancer	2,000	8%	6%
High Cholesterol, Ever Diagnosed#	6,000	28%	30%
Chronic Obstructive Pulmonary Disease, Ever Diagnosed	2,000	7%	6%
Cardiovascular Disease, Ever Diagnosed	2,000	7%	8%
Depressive Disorder, Ever Diagnosed	5,000	23%	22%
Diabetes, Ever Diagnosed	2,000	7%	7%
Hypertension, Ever Diagnosed**	5,000	20%	27%
Overweight, Ages 20+*	8,000	36%	37%
Obese, Ages 20+*	6,000	27%	23%

Key Information

*Percent is age adjusted to U.S. 2000 population.

#Estimates are based upon a single year of data. Cancer screening, dental visit and teeth extraction data are from 2012. Nutrition, physical activity and strength training recommendations, hypertension, cholesterol, and adverse childhood experiences data are from 2011. All others are 2011 and 2012.

**Estimated counts are rounded to the nearest thousand Vermonters and not age-adjusted. For measures where the percent is calculated using 2011 and 2012 data, estimated count is divided by two to provide an average number of individuals with the behavior or condition.

■ Indicates statistically different from Vermont.

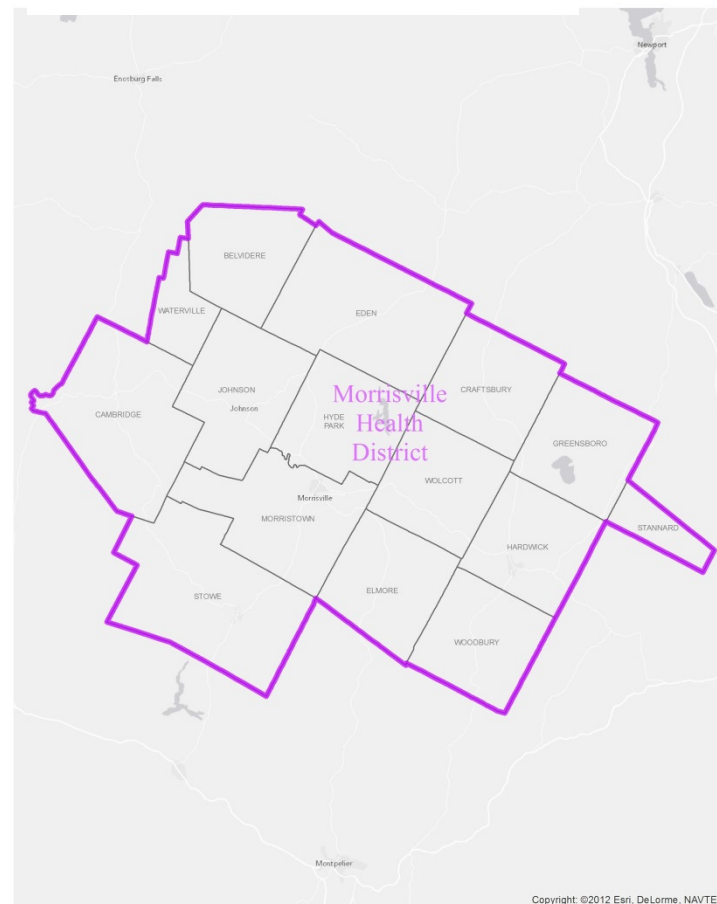
Definitions:

- Poor physical health: 14 or more poor physical health days in last month.
- Poor mental health: 14 or more poor mental health days in last month.
- Disabled: activity limitations due to physical, emotional or mental problems OR any health problem that requires use of special equipment.
- Prescription drug misuse: used a prescription drug without your own prescription.
- Physical activity recommendations: 150 minutes of moderate activity or 75 minutes of vigorous activity per week.
- Strength building recommendations: muscle strengthening activities are recommended at least twice per week.
- Breast cancer screening recommendations are a mammogram in the last two years.
- Cervical cancer screening recommendations are a PAP test in the last three years.
- Colorectal cancer screening recommendations are a fecal occult blood test (FOBT) annually OR sigmoidoscopy every five years and FOBT every three years OR colonoscopy every ten years.
- ACE: for more information see www.cdc.gov/ace.
- Binge drinking: five or more drinks for men and four or more for women.
- Cardiovascular disease: ever had coronary heart disease, a stroke or a myocardial infarction.

For more information about Vermont towns in each health district please go to: <http://healthvermont.gov/gis/#data> and download the file [VDH Geographies Apr2013.xlsx](#)

Morrisville Health District

2011-2012 Behavioral Risk Factor Surveillance System (BRFSS) Data



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